



INSPIRIT

SENIOR LIVING

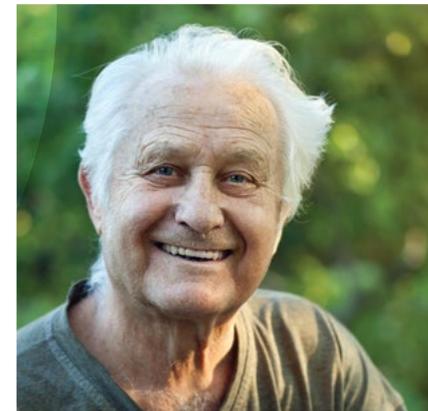
LIVING
YOUR

best



Our parents and grandparents are
the heart of our families.

Their sacrifices made our lives possible—and their stories connect us to our heritage. Family roles change. When the time comes to care for our elders, it can be difficult to ask for help. But it should not be. Because at every stage of life, all of us need different kinds of help and have different gifts to offer.



LIVING YOUR *best*



Inspirit Senior Living is dedicated to honoring the whole person—body, mind, and spirit. Our team of skilled and dedicated professionals treats every resident as an individual. We create communities that foster health and well-being—and provide experiences that draw out everyone’s gifts.

Our communities reflect the decades of experience that Inspirit brings to the vocation of caring for seniors.

Inspirit’s leadership includes some of the nation’s most respected experts whose reputations and commitment to excellence have transformed the experience of senior living. Inspirit communities integrate the best medical and physical care into vibrant settings that foster joy—the joy of living your best.

your life.
your needs.
your goals.



Inspirit communities recognize seniors' diverse needs and preferences. Moving—even one time—can be disruptive enough. When you choose an Inspirit community, you have the peace of mind that comes from knowing that if your needs change, they can still be met on site through Inspirit's graduated-care approach.

OUR COMMUNITIES ARE DESIGNED TO DELIVER
A RANGE OF PERSONALIZED SERVICES.



INSPIRIT
SENIOR LIVING

*Part of the Inspirit experience,
at every level of care, is an
understanding of how powerfully our
surroundings affect our quality of life.*



*Inspirit communities reflect a
commitment to beauty —both the
natural and the built environment.*

 **INSPIRIT** attracts and retains the best staff because we treat them as we do our residents—appreciating their gifts, recognizing their goals, encouraging their dreams. Inspirit includes team members who are fully licensed and credentialed.

But beyond that, inspirit carefully selects staff members who are personally committed to our same values. Inspirit provides ongoing training, personal and career development opportunities, and a joyful work environment. The way we treat our team members—with respect and dignity—is the way everyone on the team treats Inspirit residents.

 *At every stage of life, we all have needs—but also gifts to share. So instead of focusing on problems and symptoms, Inspirit focuses on potential and dreams. We are committed to building communities on the bedrock of integrity, compassion, and creativity so that all Inspirit residents can live their best lives and so their gifts can flourish. I founded Inspirit Senior Living with an ambitious and clear vision: nothing less than to transform the experience of aging in this country.*



THIS WORK IS MY VOCATION.
AND IT IS AN HONOR

A stylized blue ink signature of David K. Mcharg.

DAVID K. MCHARG
Inspirit President and Chief Executive Officer



INDEPENDENT LIVING

Inspirit communities include residents for whom companionship and convenience are priorities. Our Independent Living option includes apartments with kitchen facilities so you can prepare your own meals if you like—or join other residents in the dining room when you prefer. Independent Living settings are ideal for seniors who want to manage their own affairs while enjoying the companionship of their contemporaries—and knowing that concierge-style assistance is on premises if they need it.



ASSISTED LIVING

Assisted Living is an ideal option for seniors who need assistance with meals, medication, housekeeping or other activities of daily living. Inspirit communities include medical professionals, nutritionists, physical therapists, and other specialists who work together as a team with each resident and his or her family. The goal is to understand the resident's needs—and dreams. Working together with the family, the Inspirit team designs an individualized plan of care to support each resident's own goals for this stage of life.



MEMORY CARE

Inspirit recognizes that loss of memory or cognition does not mean loss of dignity. Our communities include professionals who can provide appropriate levels of care as needs intensify—while also helping residents fully enjoy the good days in an environment of respect and compassion.






THE PALMERTON
 AN INSPIRITT SENIOR LIVING COMMUNITY

IT'S THE *people.*

THE PALMERTON FOSTERS OUR RESIDENTS' SENSE OF INDEPENDENCE WHILE ENSURING A LOVING, HOME-LIKE ENVIRONMENT.

The Palmerton community offers a range of services and amenities that meet the ever-changing needs of our residents. Residents receive personalized attention from staff members who have the training—and the commitment to quality care—that has made Inspiritt Senior Living a nationally honored leader in the field.

AT A GLANCE: THE PALMERTON



RELATIONSHIPS MATTER

Mission-inspired, relationship-centered approach to care.



24-HOUR STAFFING & NURSING CARE

Trained staff are on site to respond to your needs 24 hours a day.



FOSTERING COMPANIONSHIP

Developing meaningful bonds of friendship throughout our community.



GRADUATED CARE & PRICING STRUCTURE

Choose the care package and the living accommodation that is right for you.



SPECIALIZED MEMORY CARE

For residents with cognitive and memory loss, we provide specialized support, knowledge, and compassion.



SUPPORTING GOALS AND DREAMS

Everyone has gifts to offer and dreams to pursue regardless of age or station in life.



THE PALMERTON

AN INSPIRIT SENIOR LIVING COMMUNITY



IT'S THE *place.*

INSPIRIT BELIEVES IN MEETING PEOPLE WHERE THEY ARE: IN RECOGNIZING THEIR INDIVIDUAL CIRCUMSTANCES AND RESPONDING ACCORDINGLY. THE PALMERTON OFFERS A RANGE OF OPTIONS FOR A SPECTRUM OF NEEDS.

The Palmerton's rooms are designed to provide comfort, natural light, and spaciousness. We also encourage our residents to add their own taste with artwork, photos, books, and other personal touches.



PERSONAL CARE



MEMORY CARE



PERSONAL CARE

The Palmerton provides assistance with hygiene, grooming, dressing, ambulation, medication, and vitals monitoring. Residents enjoy housekeeping and linen services, three home-cooked meals each day, snacks, social and leisure activities. Palmerton staff also provide 24-hour monitoring, bed checks, and pharmacy deliveries. Additional personal care services are available upon request.



MEMORY CARE

The Palmerton's new Evergreen Memory Care offers individuals with memory impairment an affordable, state-of-the-art designed community, providing both privacy and an engaging lifestyle. While residents' safety is the primary focus, Evergreen also provides a comfortable, home-like atmosphere.



THE PALMERTON

AN INSPIRIT SENIOR LIVING COMMUNITY



IT'S THE *life.*

**ALL RESIDENTS OF THE PALMERTON ENJOY
COMPANIONSHIP, SOCIALIZATION, AND ACTIVITIES
IN OUR BEAUTIFUL SURROUNDINGS.**

We believe in engaging the whole person: body, mind, and spirit. Health and safety are important, of course—but so are curiosity, companionship, fun, and lifelong learning. The Palmerton's beautiful three-acre setting is home to no more than 70 residents. So it is small enough to feel like a close-knit community while still offering a wide variety of amenities, activities, and services so that everyone can find their natural fit.

AMENITIES

- Kitchenette optional
- Handicap-accessible bathroom
- Fully furnished suites, incl. bed and bath linens
- Residents can provide their own furniture
- 24-hour response system
- In-suite heating and air conditioning controls
- Private phones, cable TV, & personal mailboxes
- Privately locked doors & safety call pendants
- Beautician and barber services
- Parking
- **AND MORE**

ACTIVITIES

- Social events
- Recreational activities
- Leisure activities
- Special outings
- Shopping trips
- Religious services
- Intergenerational programs
- **AND MORE!**

SPECIAL

- (Evergreen Memory Care Services and Amenities)
- Life enrichment programs designed for those with memory impairments
- Secured courtyard with Therapy Garden
- Walking path and aviary

SERVICES

- Personalized health care management
- Assistance with all daily activities
- Assistance with medication management
- Pharmacy services on call 24 hours a day
- Restorative rehabilitation programs
- Professional 24-hour supervising staff
- Nightly/hourly room checks
- Housekeeping and laundry services
- Home-cooked meals and snacks
- Special diets & meal planning available
- Transportation
- **AND MORE!**



THE PALMERTON

AN INSPIRIT SENIOR LIVING COMMUNITY



IT'S THE *space.*

AT THE PALMERTON, YOU WILL EXPERIENCE OUR COMMITMENT TO FREEDOM OF CHOICE EVEN BEFORE YOU JOIN US AS A NEW RESIDENT.

We offer a variety of suites to suit your lifestyle and budget. Private suites and companion (semi-private) suites are fully carpeted, have spacious closets and their own handicapped-accessible full baths. Our suites range from approx. 270 - 450 sq feet not including bathroom. Below are some of the features.

PRIVATE SUITE

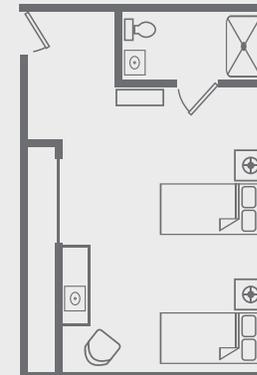
- Living and bedroom combination
- 270 - 450 sq ft
- Full closet
- Kitchenette
- Full bath w/ handicapped walk-in shower

COMPANION SUITE

- Living and bedroom combination
- 270 - 450 sq ft
- Full closet
- Full bath w/ handicapped walk-in shower



PRIVATE SUITE



COMPANION SUITE

Not to scale. Sizes and styles of apartments may vary, and availability is not guaranteed until contract is signed.



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