



INSPIRIT

SENIOR LIVING

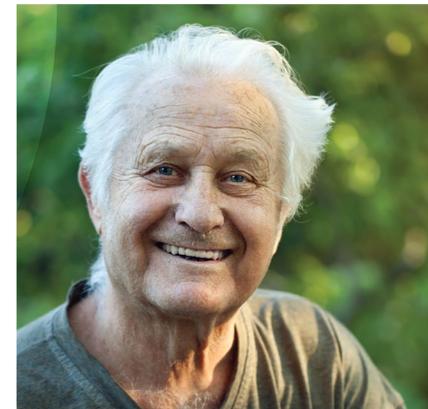
LIVING  
YOUR

*best*

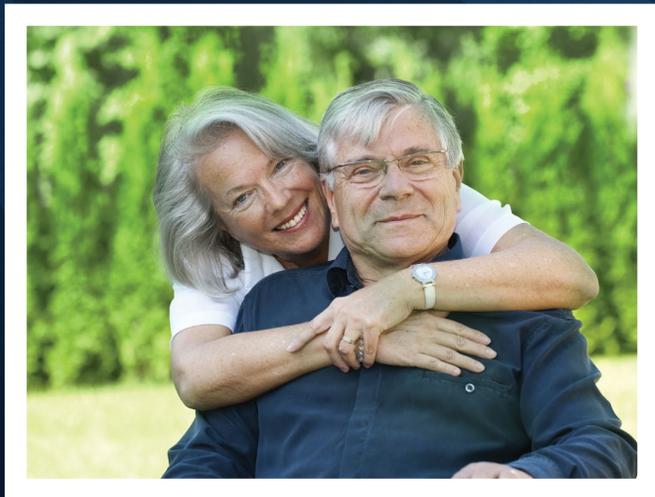


Our parents and grandparents are  
*the heart of our families.*

Their sacrifices made our lives possible—and their stories connect us to our heritage. Family roles change. When the time comes to care for our elders, it can be difficult to ask for help. But it should not be. Because at every stage of life, all of us need different kinds of help and have different gifts to offer.



# LIVING YOUR *best*



Inspirit Senior Living is dedicated to honoring the whole person—body, mind, and spirit. Our team of skilled and dedicated professionals treats every resident as an individual. We create communities that foster health and well-being—and provide experiences that draw out everyone's gifts.

*Our communities reflect the decades of experience that Inspirit brings to the vocation of caring for seniors.*

Inspirit's leadership includes some of the nation's most respected experts whose reputations and commitment to excellence have transformed the experience of senior living. Inspirit communities integrate the best medical and physical care into vibrant settings that foster joy—the joy of living your best.

*your life.*  
*your needs.*  
*your goals.*



Inspirit communities recognize seniors' diverse needs and preferences. Moving—even one time—can be disruptive enough. When you choose an Inspirit community, you have the peace of mind that comes from knowing that if your needs change, they can still be met on site through Inspirit's graduated-care approach.

OUR COMMUNITIES ARE DESIGNED TO DELIVER  
A RANGE OF PERSONALIZED SERVICES.



INSPIRIT  
SENIOR LIVING

*Part of the Inspirit experience,  
at every level of care, is an  
understanding of how powerfully our  
surroundings affect our quality of life.*



*Inspirit communities reflect a  
commitment to beauty —both the  
natural and the built environment.*

 **INSPIRIT** attracts and retains the best staff because we treat them as we do our residents—appreciating their gifts, recognizing their goals, encouraging their dreams. Inspirit includes team members who are fully licensed and credentialed.

But beyond that, inspirit carefully selects staff members who are personally committed to our same values. Inspirit provides ongoing training, personal and career development opportunities, and a joyful work environment. The way we treat our team members—with respect and dignity—is the way everyone on the team treats Inspirit residents.

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 *At every stage of life, we all have needs—but also gifts to share. So instead of focusing on problems and symptoms, Inspirit focuses on potential and dreams. We are committed to building communities on the bedrock of integrity, compassion, and creativity so that all Inspirit residents can live their best lives and so their gifts can flourish. I founded Inspirit Senior Living with an ambitious and clear vision: nothing less than to transform the experience of aging in this country.*



THIS WORK IS MY VOCATION.  
AND IT IS AN HONOR

A stylized, handwritten signature in blue ink that reads "David Mcharg".

**DAVID K. MCHARG**  
Inspirit President and Chief Executive Officer



## INDEPENDENT LIVING

Inspirite communities include residents for whom companionship and convenience are priorities. Our Independent Living option includes apartments with kitchen facilities so you can prepare your own meals if you like—or join other residents in the dining room when you prefer. Independent Living settings are ideal for seniors who want to manage their own affairs while enjoying the companionship of their contemporaries—and knowing that concierge-style assistance is on premises if they need it.

## ASSISTED LIVING

Assisted Living is an ideal option for seniors who need assistance with meals, medication, housekeeping or other activities of daily living. Inspirite communities include medical professionals, nutritionists, physical therapists, and other specialists who work together as a team with each resident and his or her family. The goal is to understand the resident's needs—and dreams. Working together with the family, the Inspirite team designs an individualized plan of care to support each resident's own goals for this stage of life.

## MEMORY CARE

Inspirite recognizes that loss of memory or cognition does not mean loss of dignity. Our communities include professionals who can provide appropriate levels of care as needs intensify—while also helping residents fully enjoy the good days in an environment of respect and compassion.



# THE WILLOWS

AN **INSPIRIT** SENIOR LIVING COMMUNITY



IT'S THE *people.*

**THE WILLOWS FOSTERS OUR RESIDENT'S SENSE OF INDEPENDENCE WHILE ENSURING A LOVING HOME-LIKE ENVIRONMENT.**

The Willows community offers a range of services and amenities that meet the ever-changing needs of our residents. Residents receive personalized attention from staff members who have the training – and commitment to quality care – that has made Inspirit Senior Living a nationally honored leader in the field.

## AT A GLANCE: THE WILLOWS



### RELATIONSHIPS MATTER

Mission-inspired, relationship-centered approach to care.



### 24-HOUR STAFFING & NURSING CARE

Trained staff are on site to respond to your needs 24 hours a day.



### FOSTERING COMPANIONSHIP

Developing meaningful bonds of friendship throughout our community.



### GRADUATED CARE & PRICING STRUCTURE

Choose the care package and the living accommodation that is right for you.



### SPECIALIZED MEMORY CARE

Residents with cognitive and memory loss, we provide specialized support, knowledge, and compassion.



### SUPPORTING GOALS AND DREAMS

Everyone has gifts to offer and dreams to pursue regardless of age or station in life.



# THE WILLOWS

AN INSPIRIT SENIOR LIVING COMMUNITY



ASSISTED LIVING 

IT'S THE *place.*

**INSPIRIT BELIEVES IN MEETING PEOPLE WHERE THEY ARE IN  
RECOGNIZING THEIR CIRCUMSTANCES AND RESPONDING ACCORDINGLY.**

The Willows offers a range of options for a spectrum of needs that aim to empower residents to achieve fuller, richer, healthier lives in every way. Accommodations at The Willows are designed to provide comfort, natural light, and spaciousness. We also encourage our residents to add their own taste with artwork, photos, books, and other personal touches.

 ASSISTED LIVING  
AVAILABLE NOW

 MEMORY CARE  
AVAILABLE NOW

The Willows provides assistance with hygiene, grooming, dressing, ambulation, medication, and vitals monitoring. Residents enjoy housekeeping and linen services, three home-cooked meals each day, snacks, social and leisure activities.

Our staff provide 24-hour nursing, delivery and monitoring of pharmaceutical requirements and routine room checks.

ADDITIONAL PERSONAL CARE SERVICES ARE AVAILABLE UPON REQUEST.

LICENSE# AL12648



# THE WILLOWS

AN **INSPIRIT** SENIOR LIVING COMMUNITY



IT'S THE *life.*

**ALL RESIDENTS OF THE WILLOWS ENJOY COMPANIONSHIP, SOCIALIZATION, AND ACTIVITIES IN OUR BEAUTIFUL SURROUNDINGS.**

We believe in engaging the whole person: body, mind, and spirit. Health and safety are important, of course – but so are curiosity, companionship, fun, and lifelong learning.

The Willows is situated on over 4 peaceful acres in the greater Villages region, one of the premier retirement destinations in central Florida's Sumter County. Only minutes away from numerous golf resorts, equestrian centers, rivers and other outdoor and recreational venues, residents of The Willows get the luxury of living a resort lifestyle with a sense of community.

**WE OFFER A WIDE VARIETY OF AMENITIES, ACTIVITIES, AND SERVICES SO THAT EVERYONE CAN FIND THEIR NATURAL FIT.**

### AMENITIES

- 2-Story High Main Dining Room
- Private Dining Room
- Bistro with Active Programming
- Wellness Center
- GYM & Fitness Center
- Lounges & Activity Room
- Private Mailboxes
- Beauty / Barber Shop
- On-Site Physical & Occupational Therapy
- Library
- Theater
- Computer Lounge
- Outdoor Covered Porch
- Outdoor Terrace with Gas Fireplace and Seating Area
- WiFi Access
- Multiple Laundry Facilities
- MC Serving Area
- MC Multiple Activities Spaces Allowing for Cluster Style Programming
- MC Outdoor Spaces including a Center Courtyard Garden
- **AND MORE!**

### ACTIVITIES

- Social events
- Recreational activities
- Daily exercise programs
- Leisure activities
- Special outings
- Shopping trips
- Religious services
- Intergenerational programs
- **AND MORE!**

### SERVICES

- Personalized healthcare management
- Assistance with all daily activities
- Assistance with medication management
- Pharmaceutical services
- Restorative rehabilitation programs
- Professional 24 hour supervising staff
- Nightly, hourly room checks
- Housekeeping and laundry service
- Home-cooked meals and snacks
- Special diets & meal planning available
- Transportation
- **AND MORE!**

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## RESPIRE & SHORT-TERM CARE

Temporary stays are designed to provide residents and caregivers with a short break. Many individuals take advantage of this option after a hospital or nursing home stay until they feel able to return to their homes. Respite care might also be an option when family or other regular caregivers need a vacation. (Minimum seven-day stay.)

## DAY CARE

Offering the same amenities above only daily.

## CARE PACKAGES AND PRICING

IT'S THE *service.*

TAKE ADVANTAGE OF OUR CUSTOMIZED PRICING PACKAGES!

### ASSISTED LIVING

#### MONTHLY RATES

##### PRIVATE

\$3,350 - \$5,350

##### SEMI-PRIVATE

\$2,675 - \$3,600

#### CARE PACKAGES

##### PACKAGE A | \$560/MONTH

Provides physical assistance or verbal cueing for **ONE OR TWO** of the following: Bathing, dressing, grooming, eating feeding, toileting (not incontinence), transfer assistance and ambulation assistance.

##### PACKAGE B | \$1,150/MONTH

Provides physical assistance or verbal cueing for **THREE OR FOUR** of the following: Bathing, dressing, grooming, eating feeding, toileting (not incontinence), transfer assistance and ambulation assistance.

##### PACKAGE C | \$1,680/MONTH

Provides physical assistance or verbal cueing for **MORE THAN FOUR** of the following: Bathing, dressing, grooming, eating feeding, toileting (not incontinence care), transfer assistance, ambulation assistance along with a heightened level of care and supervision including hospice care.

### MEMORY CARE

#### MONTHLY RATES

##### PRIVATE

STARTING AT \$4,200

##### COMPANION SUITE

STARTING AT \$3,100

#### CARE PACKAGES

##### PACKAGE A | \$1,040/MONTH

Provides physical assistance with physical or verbal cueing for **ONE OR TWO** of the following: Bathing, dressing, grooming, eating/feeding, toileting (not incontinence), transfer assistance and ambulation assistance.

##### PACKAGE B | \$1,551/MONTH

Provides physical assistance or verbal cueing for **MORE THAN FOUR** of the following: Bathing, dressing, grooming, eating feeding, toileting (not incontinence care), transfer assistance, ambulation assistance along with a heightened level of care and supervision including hospice care.

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# THE WILLOWS

AN **INSPIRIT** SENIOR LIVING COMMUNITY



IT'S THE *space.*

**AT THE WILLOWS, YOU WILL EXPERIENCE OUR COMMITMENT TO FREEDOM OF CHOICE EVEN BEFORE YOU JOIN US AS A NEW RESIDENT.**

We offer a variety of suites to suit your lifestyle and budget. Suites are fully carpeted, have spacious closets and private handicapped-accessible full baths. Below are some of the features of our suites, ranging from 240 – 908 sq feet.

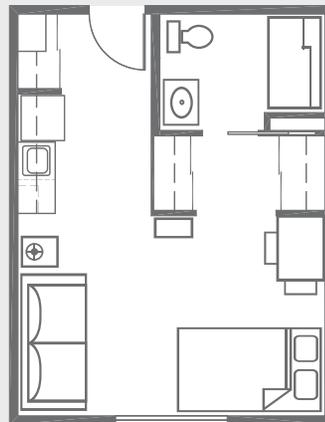
## SAMPLE FLOORPLANS AND FEATURES

- Kitchenette (with refrigerator, microwave & sink)
- Individually controlled heat and air conditioning
- Emergency call buttons in Bedroom and bathroom
- Wi-Fi access
- Pets allowed in suites

*Prices Upon Request Not to scale. Sizes and styles of apartments may vary, and availability is not guaranteed until contract is signed.*

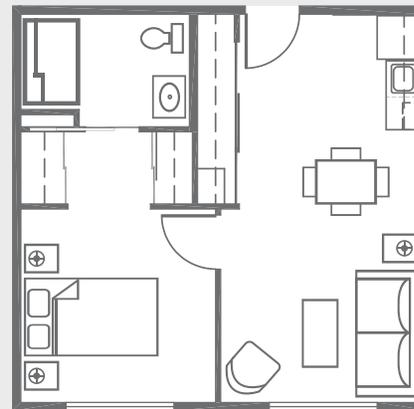
### STUDIO

Approx. 340 - 473 sq. ft.



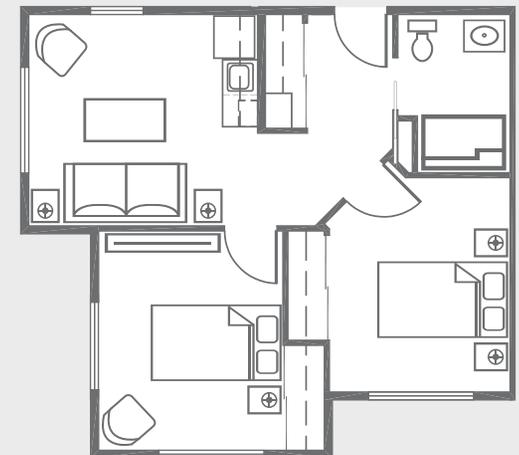
### ONE-BEDROOM

Approx. 475 - 557 sq. ft.



### TWO-BEDROOM

Approx. 642 - 908 sq. ft.



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**CORPORATE OFFICES:**

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SUITE 800  
FAIRFAX, VA 22030  
703-815-5800

[INSPIRITSENIORLIVING.COM](https://www.inspiritseniorliving.com)

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