

## What needs to happen...

Take immediate action to prevent and / or contain outbreaks of COVID-19.

### Why it's important...

It is necessary to prevent and / or manage an outbreak of COVID-19 to protect the health of residents and staff.

## How to make it happen...

Unless otherwise noted by local and state regulations:

The Executive Director or designee is responsible to restrict and / or limit visitation to ensure the safety of residents and employees. At times, visitation may be limited to the following essential individuals:

- Contractors / support services.
- Consultants who need to keep the operations running and assure the residents needs are met.
- Government officials who in their capacity require entry.
- Immediate families or friends who need to visit for critical or time sensitive reasons such as hospice-related visits.
- Essential Caregivers and Compassionate Care Visitors.

And

- Successfully completes an Inspirit Senior Living COVID-19 Screening by answering “No” to all of the questions and must not have a temperature above 99.0 degrees.

### **Essential Visitors...**

Unless otherwise noted by local and state regulations:

1. When applicable, Executive Director or designee will post the Inspirit Senior Living Visitor Restrictions Posting (See Infection 8.10D Visitor Restriction Posting) at all entrances to the community.
2. Resident Wellness Director, Resident Care Director, Wellness Nurse, Staff Nurse, Medication Aide or designee will perform an Inspirit Senior Living COVID-19 Screening (See Infection 8.10E COVID-19 Screening) on all essential individuals requesting entry into the community.
3. All essential individuals must complete and answer “No” to all Inspirit Senior Living COVID-19 Screening questions and must not have a temperature above 99.0 degrees.
4. If an essential individual requesting entry into the community does not meet the above requirements, they may not be granted access to the community.
5. If an essential individual is granted access into the community, they must wear appropriate PPE to include but not limited to:
  - Surgical / medical mask.

### **Employees...**

Unless otherwise noted by local and state regulations:

1. Resident Wellness Director, Resident Care Director, Wellness Nurse, Staff Nurse, Medication Aide or designee may perform an Inspirit Senior Living COVID-19 Employee Screening (See Infection 8.10F Covid-19 Employee Screening) on all employees prior to reporting for work.
2. All Inspirit Senior Living Employees must complete and answer “No” to all Inspirit Senior Living Employee Screening questions and must not have a temperature above 100.0 degrees (See Human 7.43 Work Restrictions).
3. Resident Wellness Director, Resident Care Director, Wellness Nurse, Staff Nurse, Medication Aide or designee will also check and document the employee’s temperature at the end of their shift.
4. If an employee has a temperature above 100.0 degrees, they may not return to work until they are fever free for 24 hours without the aid of fever reducing medication.

5. If an employee answers “Yes” to any of the screening questions.  
or  
Has a temperature of 100.0 degrees or above.

The employee may be restricted from work until they have a doctor’s release or until they are fever free for 24 hours without the aid of fever reducing medications.

6. It is recommended that all employees wear a surgical / medical facemask while working to avoid asymptomatic transmission of COVID-19 to residents and other employees. This includes communities not known to be affected by COVID-19.
7. The community will provide surgical / medical masks to all employees on an as needed basis.
8. Regardless of vaccination status, employees that test positive for COVID-19 may be required to self-isolate for five days. Infected employees must remain in isolation and will not be able to return to work until the following occurs unless otherwise noted in local and state regulations:

**Ending isolation if you had symptoms**

- End isolation after Five full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.
- Take precautions until day 10 and wear a well fitted mask

**Ending isolation if you did NOT have symptoms**

- End isolation after at least five full after your positive test.
- Take precautions until day 10 and wear a well fitted mask

**If you were severely ill with COVID-19**

- You should isolate for at least 10 days and consider consulting your doctor before ending isolation.

**Admissions and Readmissions...**

Unless otherwise noted by local and state regulations:

1. Resident Wellness Director, Resident Care Director, Wellness Nurse, Staff Nurse, Medication Aide or designee may perform an Inspirit Senior Living COVID-19 Screening (See Infection 8.10E COVID-19 Screening) on resident admissions / readmissions.
2. Admissions and / or readmission will be determined on an individual basis and at the discretion of the Executive Director or designee.
3. For all potential resident admissions / readmissions, the community may require the case worker or designee from the discharging facility to complete the ISL COVID-19 Admission Screening (See Infection 8.10G Admission Screening).
4. If applicable, Executive Director or designee will ensure the ISL COVID-19 Admission Screening becomes a permanent part of the residents' wellness file and that a copy may be sent to the following individuals:
  - Regional Director of Wellness Services
  - Regional Operations Specialist.
5. All potential admissions / readmissions will be assessed on an individual basis and approval will be at the discretion of the Executive Director or designee.
6. If a resident is being admitted / readmitted from a facility that has confirmed cases of COVID-19, Executive Director or designee may request that the resident be tested for COVID-19 prior to admission / readmission.
7. All residents that are admitted / readmitted from a facility that does not have confirmed cases of COVID-19, the resident may be placed on isolation and may not be required to wear a surgical / medical mask for a period of up to 14 days.
8. All residents that are admitted / readmitted from a facility that does have confirmed cases of COVID-19, the resident may be placed on isolation and may be required to wear a surgical / medical mask for a period of up to 14 days.
9. All residents that are requesting admission / readmission that do test positive for COVID-19, regardless of vaccination status, admission / readmission may not be approved, until the following occurs:

### Ending isolation if you had symptoms

- May end isolation after Five full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving. This will be determined on an individual basis per the Executive Director or designees' discretion.
- Take precautions until day 10 and wear a well fitted mask

### Ending isolation if you did NOT have symptoms

- May end isolation after at least five full after your positive test. This will be determined on an individual basis per the Executive Director or designees' discretion.
- Take precautions until day 10 and wear a well fitted mask

### If you were severely ill with COVID-19

- You should isolate for at least 10 days and consider consulting your doctor before ending isolation.

### Resident Re-Entry into the Community...

Unless otherwise noted by local and state regulations:

1. There may instances when a resident may request to leave the community. These instances may include but are not limited to the following:
  - Medical appointments.
  - Medical procedures.
  - Trips to the hospital.
  - Leave of absence.
2. All residents that are re-entering the community from an environment that does not have confirmed cases of COVID-19, may be placed on isolation and may not be required to wear a surgical / medical mask for a period of up to 14 days.
3. All residents that are re-entering the community from an environment that does have confirmed cases of COVID-19, may be placed on isolation and may be required to wear a surgical / medical mask for a period of up to 14 days.

### Infection Control Log...

Unless otherwise noted by local and state regulations:

1. Resident Wellness Director, Resident Care Director, Wellness Nurse, Staff Nurse, Medication Aide or designee may complete and /or document on the Infection control Log (See Infection 8.10A Infection Control Log) daily and / or as appropriate all resident and employees testing positive for COVID-19.
2. Residents that test positive for COVID-19 will be put on isolation with droplet precautions in place. Infected resident will be required to wear a surgical / medical mask as well. All staff will be required to wear appropriate PPE when caring for residents who are infected with COVID-19. Appropriate PPE may include but is not limited to the following:
  - Gloves
  - Surgical / medical mask.
  - Gown.
  - Protective eye coverings or face shield.

Infected residents will remain on isolation with droplet precautions in place until the following occurs unless otherwise noted in local and state regulations:

#### Ending isolation if you had symptoms

3. May end isolation after Five full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving. This will be determined on an individual basis per the Executive Director or designees' discretion.
4. Take precautions until day 10 and wear a well fitted mask

#### Ending isolation if you did NOT have symptoms

5. May end isolation after at least five full after your positive test. This will be determined on an individual basis per the Executive Director or designees' discretion.
6. Take precautions until day 10 and wear a well fitted mask

#### If you were severely ill with COVID-19

7. You should isolate for at least 10 days and consider consulting your doctor before ending isolation.
8. Executive Director or designee will ensure that Infection Control Logs will be maintained / secured on-site for a period of three (3) years.

### **COVID-19 Test Kits...**

Unless otherwise noted by local and state regulations:

1. Executive Director or designee may request COVID-19 tests to be performed in the following situations to include but not limited to:
  - Resident admission.
  - Resident readmission.
  - Residents re-entering the community.
  - Non-compliance with Inspirit Senior Living COVID-19 guidelines.
  - Current resident or employee displaying signs and symptoms of COVID-19.
2. All resident COVID-19 tests may be approved by the Regional Director of Wellness Services prior to administering.
3. All staff COVID-19 tests may be approved by the Regional Operations Specialist prior to administering.
4. All residents that are re-entering the community or are being admitted / readmitted from an environment that does not have confirmed cases of COVID-19, and test negative for COVID-19 after re-entry or admission / readmission, may be removed from isolation unless otherwise noted in local and state regulations.
5. All residents that are re-entering the community or are being admitted / readmitted from an environment that does have confirmed cases of COVID-19, and test negative for COVID-19 after re-entry or admission / readmission, may be required to remain on isolation and may be required to continue to wear a surgical / medical mask for the 14-day time period. This will be determined on an individual basis and at the discretion of the Executive Director or designee.

6. Executive Director or designee shall report all COVID-19 tests with positive results to the following but not limited to:
  - Primary care provider.
  - Local health authorities.
  - State regulatory agency.
7. Executive Director or designee may track and log all COVID-19 test kits on an ongoing basis (See Infection 8.10I COVID-19 Test Kit Log).

### **Phasing Guidelines...**

The community may follow Inspirit Senior Living Managing COVID-19 Restrictions – Phase Guidelines (See Infection 8.10J COVID-19 Phase Guidelines) unless otherwise noted in local and state regulations.

1. **Universal Screenings:** Community must screen everyone who enters the community for signs and symptoms of COVID-19, including temperature checks. Communities may refuse entrance to anyone screening positive for symptoms of COVID-19.
2. **Face Coverings:** All employees, volunteers, vendors and visitors when permitted, must wear the appropriate face covering at all times when they are inside the community. All residents should wear face coverings under certain circumstances, including if they leave their rooms and are within close proximity of others, and for any appointments outside of the community.
3. **Testing:** Upon identification of a resident or employee with laboratory-confirmed COVID-19, the community may report the case to the following:
  - Primary care provider.
  - Local health authorities.
  - State regulatory agency.
4. **Resident Checks:** Communities may screen residents as needed, including observing for signs and symptoms of COVID-19—asking questions about



- signs and symptoms of COVID-19—and where appropriate, temperature and pulse oximetry checks.
- PPE:** A designee from the corporate office may be responsible for the distribution of respirators to staff providing direct patient care to COVID-19 positive and suspected cases and staff assigned to provide direct patient care in COVID-19 units. The respirator distribution may occur prior to the beginning of the staff member's shift, and the respirator will be replaced as soon as practical if the community is notified by a staff member that their mask has become soiled, damaged, or otherwise ineffective. Communities must make good faith efforts to maintain adequate supplies of all appropriate types of personal protective equipment for staff, and as appropriate, residents.
  - Regular Reporting:** All communities may provide informational updates on COVID-19 to residents, residents' representatives, and staff within 72 hours of the occurrence of a single confirmed infection of COVID-19, and / or whenever there are four or more residents or employees who have new-onset respiratory symptoms within a 72 hour-period.



*Infection Control Log*  
*Visitor Restriction Posting*  
*COVID-19 Screening*  
*COVID-19 Employee Screening*  
*COVID-19 Admission Screening*  
*COVID-19 Head Injury Monitoring Plan*  
*COVID-19 Test Kit Log*  
*COVID-19 Phase Guidelines*  
*COVID-19 Resident Education*  
*COVID-19 Visitor Education*  
*COVID-19 Visitor Acknowledgement of Responsibilities*  
*COVID-19 Visitor Screening*

**TIP**

- Best Practice: Unless otherwise noted in ISL Hand Washing policy, (See Infection 8.05 Hand Washing) community certified staff authorized to administer or assist with self-administration of medications, should use hand sanitizer after administering or assisting with self-administration of all standard by mouth medications up to three times. Then they will be required to wash their hands with soap and water.